

HUMAN SERVICES

YOUTH DEVELOPMENT OPTION

ASSOCIATE IN SCIENCE AND COLLEGIATE CERTIFICATE

The option in Youth Development prepares students to work with youth in after-school programs, recreation centers, counseling, and treatment settings. Youth Development entails a wide range of activities including guiding youth to develop their individual strengths and talents, build social skills, set educational and career goals, make positive, healthy choices, as well as making appropriate referrals as necessary. A Youth Development approach is a holistic one that looks at the physical, mental, social, educational, and spiritual needs of youth. It also looks at youth within the context of their families, schools, communities, and society in order to determine how to best assist youth in achieving positive outcomes. Youth Development utilizes an empowerment model, meaning that youth are encouraged to develop their own solutions and build on their own strengths in order to accomplish their life objectives.

In addition to the general course of study in Human Services, students choosing to concentrate their studies in the Youth Development Option will learn skills and strategies for working with youth effectively. They will also learn the history and relevant theories in the field of Youth Development. Students who are completing the Associate in Science in Human Services with an Option in Youth Development may choose to continue their studies in a range of baccalaureate programs including Human Services, Social Work, Criminal Justice, Recreation Therapy, Psychology, and Education.

*Placement evaluations will determine the sequencing of courses. Additional courses may be required.
The suggested sequencing for full-time students is shown below.*

Associate Degree

Collegiate Certificate

Course No.	Title	Credits	Course No.	Title	Credits
First semester			First semester		
ENG 101	English Composition	3	CAP	Computer Literacy Elective	3
HSR 101	Introduction to Human Services	3	HSR 101	Introduction to Human Services	3
HSR 110	Youth Development Practice	3	HSR 110	Youth Development Practice	3
CAP	Computer Literacy Elective	3	PSY 201	Cultural Diversity & Competency	3
PSY 112	Introduction to Psychology	<u>3</u>	HSR 111	Youth Development Connections	<u>3</u>
		15			15
Second semester			Second semester		
HSR 111	Youth Development Connections	3	HSR 202	Case Management	3
SOC 101	Introduction to Sociology	3	HSR 210	Topics & Research in Human Services	3
PSY 201	Cultural Diversity & Competency	3		Elective	3
ENG 222	Writing for the Human Service Profession OR			Elective	3
ENG 210	Grant Writing and Business Communication	3	HSR 299	Human Services Internship	<u>4</u>
MATH	Math 101 or higher	<u>3</u>			16
		15			
Third semester			Total Credits in Program		
SOC 201	Multicultural Issues	3			31
HSR 202	Case Management	3	Students must place into ENG 101 or complete ENG 099 to qualify for graduation from the Certificate program.		
COM 101	Public Speaking	3			
	Elective	3			
	Elective	<u>3</u>			
		15			
Fourth semester					
HSR 210	Topics & Research in Human Services	3			
PSY 212	Lifespan Development	3			
PHIL 105	Ethics & Values in Human Services	3			
	Physical or Natural Science Elective	3			
HSR 299	Human Service Internship	<u>4</u>			
		16			
Total Credits in Program		61			